

Hello everyone! With a little over two weeks until full band camps starts with everyone, I wanted to give you some info on some items that you'll need to purchase, and should bring with you each day to band camp. I recently took a trip to wal-mart to take pictures and price checks for you so you can be certain of what it is that is expected of you. I would highly encourage NOT waiting until the day before camp to purchase these items,

1. **Water Jug.** The singular most important thing you can do to stay healthy is to drink lots and lots of water. (and begin this now.. don't all of the sudden try to do it when we START.. you need to be hydrated BEFORE we start) This is good general health even when you are not out in the hot sun, but our bodies can very quickly begin to break down when we do not keep ourselves hydrated. EVERY Student in the Charger Pride needs to have a water jug with your name on it. You should fill it up every morning with cool – NOT FREEZING COLD water. If you already have a water jug, you do not need to go out and buy a brand new one – but if you do, you can find them at Wal-mart for \$4.88. At LEAST a ½ gallon size is recommended.



2. **Drill Book:** This is something that all brass, woodwind, Battery, and color guard will need. It's a 3X5 spiral bound note card booklet. Students are expected to have this with them in EVERY REHEARSAL (indoor, outdoors, and in class). When completed, this will contain all information related to drill and music. Students will be cut out portions of music, portions of the drill page, and write pertinent information on each page of this book (front and back page). We'll go through how to put this together during camp. You should also plan to get a shoelace or some heavy duty string to thread through the spirals and be able to keep over your shoulder so you can have it with you at all times. THIS IS AS IMPORTANT IN EACH REHEARSAL AS YOUR Equipment.



3. **Binder w/sheet protectors:** ALL brass, woodwind, battery, and pit members need one. You will be putting copies of your music in here. ALL students are responsible to make sure that they have music available at every rehearsal – no excuses or exceptions. Students will need to have TWO COPIES of each of the show music, plus *one copy* of the star spangled banner, the Carroll school song, and our opposing school's school songs for football games. (all of which will all be made available online).

The reason you will need TWO copies of the show music is that in addition to having copies in your binder, you will also need to literally cut up the other music and will be taping phrases of music into your drill book. So, for example – on a given page in your drill book, you will cut out the portion of the drill page

that has YOUR drill on it, and tape it into the book. You will then cut out the measures in the music that go with that drill page and put it on the same page. You will also write in other pertinent information (counts, body work, holds, etc).

But – for the binder and sheet protectors, you’ll be inserting copies of the music mentioned above.

You can get a once-inch binder with plastic covering from Wal-Mart for \$1.78 and a pack of sheet protectors from Wal-mart for \$4.94.



4. Comfortable clothes and shoes. It’s summer in Indiana, so it could be anything from cold and rainy to hot and sweltering – last year in band camp, we experienced all of these things. You have to watch the weather to know how to plan for it, but some guidelines:

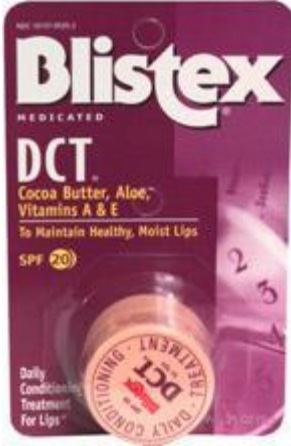
Athletic Shoes: Everyone needs athletic shoes (yes even pit) – because we’ll all be involved in moving from place to place. Shoes are to be worn AT ALL TIMES. You don’t need \$200 brand new state of the art cross-trainers, but you do need to have quality athletic shoes as you will be on your feet between 4 and 8 hours each day.

Shorts : Because we are outside in the summer, we recognize that we need to keep ourselves comfortable and be reasonable with that comfort. There is a fine line, however, between comfort and poor taste. With regard to the length of shorts – it is common for shorts to be *exceptionally* short these days. However, students are expected to wear shorts that are in good taste, and – in particular don’t allow “cheeks” to be “hanging out”. If students have shorts like this, they will be asked to change. PLEASE no jeans And no Jean-shorts – as these are somewhat restrictive to your movement.

5. Sunscreen: EVERYONE needs to wear Sunscreen. Period. Over the past 15 years, the what I have experienced is that the most common “band camp illnesses” are related to heat exhaustion where students have not kept hydrated and they have not worn sunscreen.

6. Color Guard: You should bring with you a role of white and black electrical tape for quick equipment fixes on the field. Weapons will need gloves (weapon gloves), and a small phillips and flat head screw driver for quick repairs to your weapons as needed on the field.

7. DCT – “Daily Conditioning Treatment” – This is more for the brass and woodwinds. It’s not something you NEED, but I would recommend it to keep your lips from getting sunburned. There are other ointments out there, such as Carmex – but Carmex contains Camphor, which can be restrictive to your blood vessels in your lips, causing them to not respond as much as needed when we are playing. DCT can be found at any pharmacy for about \$2.49.



8. Lockers – Lockers will be assigned and distributed throughout camp. It’s a pretty lengthy process when all students are involved, so please be patient – students will all get a locker.

Typical Band Camp Day:

Most band camp days will be divided into two larger “blocks”: a “Visual” Block, and a “Music/Coordination” Block.

Week of July 22: 2-9. (Music first, then visual)

Students should park in the south student parking lot, adjacent to Door 13. Students being dropped off may be dropped off at door 40. For the week of July 22, The days will be broken down as follows:

2-5 – Music Block, 5-6 – Meal break, 6-9 – Visual Block. (The color guard will usually be together working on things as a group during “music block”).

Generally, The blocks will be broken down as follows:

1:45 – Enter Band room.

2:00 -3:30 – Subsectionals (small individual sectionals)

3:30 -5:00 – Full sectionals (all winds together, percussion together. Percussion may follow different info, but will stay on same time)

5:00 – MEAL BREAK – Everyone is required to bring their food or have their food delivered. If food is being dropped off, it should be dropped off at door 40.

6:00 – 7:15 – Stretch/Basics

7:15 – 9:00 - More basics or learning Drill

(During visual block, pit will usually be working inside).

EVERYONE WILL MEET AT THE TOWER at 8:55 for announcements, and will be dismissed by 9:00. (Weather permitting)

Week #2 and #3 – 9am to 6pm.

WE WILL BEGIN ON THE PRACTICE FIELD (except for pit) . Plan enough time to get to the building, get equipment and begin at practice field. (Specifics about this will be discussed at the end of the first week). The latest you should arrive is 8:45.

8:45 Arrive AT CHS/Get Equipment/Move to Practice field (or pit to your area)

9:00 – Stretch/Body/Basics

10:30 – Learn Drill

1:00 – Lunch

1:40 - **Everyone** in large band room for video

2:00- Subsectionals

3:00 – Sectionals

3:45 – Move to Practice Field

4:00 - Music Ensemble (Pit, Battery, Winds)

4:30 – Coordination : EVERYONE on Main Field.

5:55 – Announcemnts

6:00 – Dismiss.

Remember that during the last week of camp, students will need to get registered first thing at 8:00.